

## How Does One Increase Their Faith?

I'd Like to first start out by addressing what Faith actually is.

The Bible tells us in the book of Hebrews 11:1-3

1 Now faith is the substance of things hoped for, the evidence of things not seen.

2 For by it (faith) the elders obtained a good report.

3 Through faith we understand that the worlds were framed by the word of God, so that things which are seen were not made of things which do appear.

So we should have learned that not only is faith the substance of things hoped for, and the evidence of things not seen. We also should have learned that the elders obtained a good report by having faith. So that should tell us, that if we want to obtain a good report with God, we too need to exercise Faith. We also learned that by faith we as humans accept that God spoke the world into existence by things that do not appear.

The dictionary defines faith as:

Faith: 1. complete trust or confidence. 2. belief that is not based on proof.

Now that we know what Faith is, I'd like to share with you how important it is to have Faith.

Heb 11:6

6 But without faith it is impossible to please him (God): for he that cometh to God **must believe that he is**, and that he is a rewarder of them that diligently seek him.

So then, having faith is pretty important to have isn't it? So we want to make sure we exercise our Faith before God, that He may be pleased with us, so that we too can obtain a good report like the elders before us.

You may be wondering what the word diligently means.

Diligent: 1. careful and conscientious in a task or duty 2. constant in effort to accomplish something; attentive and persistent in doing anything. 3. Marked by persevering, with painstaking effort.

So according to the verse we just read, not only is it impossible to please God without having faith, we also learned that when we come to the Lord we **must** believe that he is a rewarder of those who diligently seek him.

So now we have learned that faith is the substance of things hoped for, the evidence of things not seen, that the elders obtained a good report by faith, through faith in God we believe he spoke the World into existence, not by things which were seen, but out of nothing, and that without Faith, it is impossible to please God, and that we also must believe that the Lord is a rewarder of those who make a conscientious effort, characterized by persevering with a constant, painstaking effort.

Now ask yourself a couple of questions. When you seek the Lord with your prayers, do you pursue Him with diligence? Do you have enough Faith to believe that He will answer your prayer?

Now that we understand what Faith is, and how important it is to have Faith; let's take some time to explain what Faith isn't.

Faith isn't saying, I believe God is going to answer my prayer, or at least I hope he does.

Faith isn't saying, I believe God answers prayer, I just don't know if he will answer mine.

Faith isn't saying, I believe God is going to answer my prayers, then having to go take a nerve suppressing agent.

So then, How does one increase their Faith? You may be telling yourself, that you don't have any faith to even be increased. Let's see what the Bible says about that belief system.

In Romans 12:3 Paul is speaking and says,  
3 For I say, through the grace given unto me, to every man that is among you, not to think of himself more highly than he ought to think; but to **think soberly**, according as God hath dealt to every man the measure of faith.

So we now know that every man has been given the measure of faith. Thank God for that. So since we know we have a measure of faith, the question remains, How then do we increase our Faith. Let's start with step one.

### **Step 1. Hearing**

Romans 10:10-17

10 For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation.

11 For the scripture saith, Whosoever believeth on him shall not be ashamed.

Are you ashamed of Jesus Christ? Are you ashamed to speak about Jesus Christ to your friends? Are you afraid to speak of Jesus Christ while you are in a public area?

Because the Bible says in Mark 8:38

**38 Whosoever therefore shall be ashamed of me and of my words in this adulterous and sinful generation; of him also shall the Son of man be ashamed, when he cometh in the glory of his Father with the **holy** angels.**

Continuing at Romans 10:12

12 For there is no difference between the Jew and the Greek: for the same Lord over all is rich unto all that call upon him.

13 For whosoever shall call upon the name of the Lord shall be saved.

This verse does not mean that if you call on the name of the Lord and have not followed the plan of Salvation that you will be saved. The Bible plainly lays out the plan of Salvation that must be followed. This verse is speaking to those who already have fulfilled the plan of Salvation.

Listen to what Luke 13:23-30 reads

23 Then said one unto him, Lord, are there few that be saved? And he said unto them,

**24 Strive to enter in at the strait gate: for many, I say unto you, will seek to enter in, and shall not be able.**

**25 When once the master of the house is risen up, and hath shut to the door, and ye begin to stand without, and to knock at the door, saying, Lord, Lord, open unto us; and he shall answer and say unto you, I know you not whence ye are:**

26 **Then** shall ye begin to say, We have eaten and drunk in thy presence, and thou hast taught in our streets.

27 But he shall say, **I tell you, I know you not whence ye are; depart from me, all ye workers of iniquity.**

28 There shall be weeping and gnashing of teeth, when ye shall see Abraham, and Isaac, and Jacob, and all the prophets, in the **kingdom of God**, and you yourselves thrust out.

29 And they shall come from the east, and from the west, and from the north, and from the south, and shall sit down in the **kingdom of God.**

30 And, behold, there are last which shall be first, and there are first which shall be last.

Now that you understand what verse thirteen meant I will reread it and listen closely to what verse 14 reads

13 For whosoever shall call upon the name of the Lord shall be saved.

14 How then shall they call on him (Jesus) in whom they have not believed? and how shall they believe in him of whom they have not heard? and how shall they hear without a preacher?

So now we see that you must have a preacher to hear the Word of God.

15 And how shall they preach, except they be sent? as it is written, How beautiful are the feet of them that preach the gospel of peace, and bring glad tidings of good things!

16 But they have not all obeyed the gospel. For Esaias saith, Lord, who hath believed our report?

17 So then **faith** cometh by hearing, and hearing by the word of God.

## **Step 2. Believing**

Believe: 1. to have confidence in the truth, the existence, or the reliability of something, although without absolute proof that one is right in doing so. 2. To have **faith**, confidence, or trust.

So not only do you have to hear the Word of God, to increase your faith. You also have to believe what you hear. However, there are many false teachers and false doctrines. So, if you truly want your faith to increase, you

will have to open your Bible up and begin to Study and confirm what you are being taught. You will have to search the scriptures.

In II Tim 2:13-21 it reads,

13 If we believe not, yet he abideth faithful: he cannot deny himself.

14 Of these things put them in remembrance, charging them before the Lord that they strive not about words to no profit, but to the subverting of the hearers.

Subverting: 1. To destroy completely; ruin: 2. To undermine the character, morals, or allegiance of; corrupt.

15 **Study** to show thyself approved unto God, a workman that needeth not to be ashamed, **rightly dividing** the word of truth.

Rightly Dividing: Correctly interpreting the Word of God in analysis and presentation.

16 But shun profane and vain babblings: for they will increase unto more ungodliness.

17 And their word will eat as doth a canker: of whom is Hymenaeus and Philetus;

18 Who concerning the truth have erred, saying that the resurrection is past already; and overthrow the faith of some.

These verses are very important to hear. This tells us that if we are in a church that doesn't rightly divide the Bible, to get away from them, because it will increase unto more ungodliness. If you do not go home and study what the preacher has taught on and search the scriptures yourself, to see if the preacher correctly interpreted the passages he preached on, then how will you ever know that you are in a false doctrine of profane and vain babblings.

19 **Nevertheless** the foundation of God standeth sure, having this seal, The Lord knoweth them that are his. And, Let every one that nameth the name of Christ depart from iniquity.

Iniquity: injustice or immoral behavior.

20 But in a great house there are not only vessels of gold and of silver, but also of wood and of earth; and some to honour, and some to dishonour.

21 If a man therefore purge himself from these, he shall be a **vessel unto honour, sanctified**, and meet for the master's use, and prepared unto every good work.

So there is no reason for you to be a vessel of dishonour. This verse plainly tells you that if you will purge yourself from iniquity, then you will be a vessel of honour and sanctified.

Sanctified: 1. to make holy; set apart as sacred; consecrate. 2. to purify or free from sin.

Psa 37:3-5

3 **Trust in the LORD**, and do good; so shalt thou dwell in the land, and verily thou shalt be fed.

4 Delight thyself also in the LORD; and he shall give thee the desires of thine heart.

5 Commit thy way unto the LORD; **trust also in him**; and he shall bring it to pass.

So we have learned up to this point that not only do you need to hear the Word of God from a preacher, you also need to study and make sure what you hear is accurate, and you need to put your Trust in the Lord, by believing that the Word of God is truth.

Psa 40:4

4 Blessed is that man that maketh the LORD his trust, and respecteth not the proud, nor such as turn aside to lies.

Titus 1:1

1 Paul, a servant of God, and an apostle of Jesus Christ, according to the faith of God's elect, and the acknowledging of the truth which is after godliness;

2 In hope of eternal life, which God, that cannot lie, promised before the world began;

So now we know that God cannot lie. So there is no reason not to put your complete Trust in God.

John 6:35-37

35 And Jesus said unto them, I am the bread of life: he that cometh to me shall never hunger; and he that believeth on me shall never thirst.

36 But I said unto you, That ye also have seen me, and believe not.

37 All that the Father giveth me shall come to me; and him that cometh to me I will in no wise cast out.

John 1:14

14 But whosoever drinketh of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life.

It is important to understand that the water of life that Jesus is referring to is the Holy Ghost. Again, the plan of Salvation still needs to be followed. It is not enough to just say I believe.

John 3:3-6

3 Jesus answered and said unto him, Verily, verily, I say unto thee, Except a man be born again, he cannot see the kingdom of God.

4 Nicodemus saith unto him, How can a man be born when he is old? can he enter the second time into his mother's womb, and be born?

5 Jesus answered, Verily, verily, I say unto thee, Except a man be born of water and of the Spirit, he cannot enter into the kingdom of God.

6 That which is born of the flesh is flesh; and that which is born of the Spirit is spirit.

This passage, in which Jesus spoke of a man needs to be born of the water and of the Spirit to enter the Kingdom of God; this water here is referring to being baptized into Jesus' death, and the Spirit is the receiving the Holy Ghost of which he was referring to the lady at the well that he had water that if you drink you will never thirst again.

It is very important that you follow this plan of Salvation, or you will not enter the Kingdom of God. If you are unsure as to whether or not you have followed the plan of Salvation correctly, be sure to click on the animated, opening and closing present on our website, and scroll down to the Salvation Links listed under the Salvation Track, and select the link for Salvation Package. This is three lessons to help you understand the correct plan of Salvation. These are: Repentance, Water Baptism, and the Baptism of the Holy Ghost.

Matt 5:6

6 Blessed are they which do hunger and thirst after righteousness: for they shall be filled.

So if you hunger and thirst after righteousness, knowing the God can not lie, you will be filled and that will include the correct plan of Salvation.

### **Step 3. Applying**

Apply: 1. to put to use, especially for a particular purpose. 2. to bring into action;

James 1:22-27

22 But be ye doers of the word, and not hearers only, deceiving your own selves.

23 For if any be a hearer of the word, and not a doer, he is like unto a man beholding his natural face in a glass:

24 For he beholdeth himself, and goeth his way, and straightway forgetteth what manner of man he was.

Hear how important it is to apply the Word of God. You don't want to be one who hears the word and walks off and forgets what manner of man you are because you are not a doer of the Word, but just a Hearer of the Word.

25 But whoso looketh into the perfect law of liberty, and continueth therein, he being not a forgetful hearer, but **a doer of the work**, this man shall be blessed in his deed.

26 If any man among you seem to be religious, and bridleth not his tongue, but deceiveth his own heart, this man's religion is vain.

27 Pure religion and undefiled before God and the Father is this, To visit the fatherless and widows in their affliction, and to keep himself unspotted from the world.

So if you are a doer of the Word, you shall be blessed in your actions. Also notice that Pure religion is to visit the fatherless and widows in their affliction, and to keep yourself unspotted from the world. This is True and Pure religion.

Matt 7:24-27

24 Therefore whosoever heareth these sayings of mine, and doeth them, I will liken him unto a **wise man**, which built his house upon a rock:

25 And the rain descended, and the floods came, and the winds blew, and beat upon that house; and it fell not: for it was founded upon a rock.

26 And every one that heareth these sayings of mine, and doeth them not, shall be likened unto a **foolish man**, which built his house upon the sand:

27 And the rain descended, and the floods came, and the winds blew, and beat upon that house; and it fell: and great was the fall of it.

So now we have learned that we need to be a Hearer, a Believer, and a Doer of the Word of God, or you are likened unto a foolish man that built your house upon the sand.

Two more things you can do in applying the Word of God to increase your Faith is

Pray for the Gifts of the Spirit and be sure you Pray to hunger and thirst after righteousness that you may be filled. Since we know that God can not lie, we know that if you hunger and thirst after righteousness that you will be filled. This is very important to pray for.

The gifts of the Spirit are found in

I Cor 12:4-14

4 Now there are diversities of gifts, but the same Spirit.

5 And there are differences of administrations, but the same Lord.

6 And there are diversities of operations, but it is the same God which worketh all in all.

7 But the manifestation of the Spirit is given to every man to profit withal.

8 For to one is given by the **Spirit the word of wisdom**; to another the **word of knowledge** by the same Spirit;

9 **To another faith** by the same Spirit; to another the **gifts of healing** by the same Spirit;

10 To another **the working of miracles**; to another **prophecy**; to another **discerning of spirits**; to another **divers kinds of tongues**; to another the **interpretation of tongues**:

11 But all these worketh that one and the selfsame Spirit, dividing to every man severally as he will.

12 For as the body is one, and hath many members, and all the members of that one body, being many, are one body: **so also is Christ**.

13 For by one Spirit are we all baptized into one body, whether we be Jews or Gentiles, whether we be bond or free; and have been all made to drink into one Spirit.

14 For the body is not one member, **but many**.

Take notice that one of the Gifts, is the gift of Faith. If your faith is low, this is a great way to see your faith increased.

Romans 8:28

28 And we know that **all things work together for good** to them that love God, to them who are called according to his purpose.

John 5:24

24 Verily, verily, I say unto you, He that heareth my word, and believeth on him that sent me, hath everlasting life, and shall not come into condemnation; but is passed from death unto life.

Rom 2:13

13 (For not the hearers of the law are just before God, **but** the doers of the law shall be justified).

So you don't want to find yourself only being a hearer of the Word of God, but also a doer.

John 14:15 Jesus tells us something extremely important.

15 If ye love me, **keep my commandments**.

John 15:10

10 **If ye keep my commandments**, ye shall abide in my love; even as I have kept my Father's commandments, and abide in his love.

So if you do not keep the commandments that God has laid out for us in the Bible, then you do not love God. See how important it is to apply the Word of God in your life?

Matt 22:36-40

36 Master, which is the great commandment in the law?

37 Jesus said unto him, **Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind**.

38 **This is the first and great commandment**.

39 **And the second is like unto it, Thou shalt love thy neighbour as thyself**.

40 On these two commandments hang all the law and the prophets.

This is very important to understand. Jesus just told us that if you love the Lord with all your heart, soul, mind, and love your neighbor as yourself, then you will have fulfilled the law. You may be wondering how then. The answer is if you love God, love your neighbor, you will keep his commandments, then you will gladly hear and receive the plan of Salvation that he has laid out before us, so that you too will have everlasting life.

I John 2:15-18

15 Love not the world, neither the things that are in the world. If any man love the world, the love of the Father is not in him.

Hear that. This is very clear to not love the world or anything in it, otherwise the love of God is not in you. Are you in love with your money? Your make-up? Your friends? The TV set? Your car? Youself??

16 For all that is in the world, the lust of the flesh, and the lust of the eyes, and the pride of life, is not of the Father, but is of the world.

17 And the world passeth away, and the lust thereof: but he that **doeth the will** of God abideth for ever.

18 Little children, it is the last time: and as ye have heard that antichrist shall come,

So do you think the questions I mentioned above are not the lust of the flesh, the lust of the eyes, and the pride of life?

II Cor 6:14-18

14 Be ye not unequally yoked together with unbelievers: for what fellowship hath righteousness with unrighteousness? and what communion hath light with darkness?

15 And what concord hath Christ with Belial? or what part hath he that believeth with an infidel?

16 And what agreement hath the temple of God with idols? for **ye are the temple of the living God;** as God hath said, I will dwell in them, and walk in them; and I will be their God, and they shall be my people.

17 Wherefore **come out from among them, and be ye separate,** saith the Lord, and **touch not the unclean thing;** and I will receive you,

18 And will be a Father unto you, and ye shall be my sons and daughters, saith the Lord Almighty.

But if you do not come out from among them and be separate, then you are not the sons and daughters of the Lord God Almighty!!!

So we know to increase our faith, we need to Hear, believe, and apply the Word of God. This takes us to....

#### **Step 4. Which Brings Suffering**

suffer: to endure pain, to undergo or feel pain or distress, death.

II Tim 2:10-13

10 Therefore I endure all things for the elect's sakes, that they may also obtain the salvation which is in Christ Jesus with eternal glory.

11 It is a faithful saying: For if we be dead with him, we shall also live with him:

12 **If we suffer**, we shall also reign with him: if we deny him, he also will deny us:

13 If we believe not, yet **he abideth faithful**: he cannot deny himself.

This passage did not tell us that if we have a party or a great walk in the park, that we would reign with Christ, but it said IF WE SUFFER we will reign with Him.

James 5:7-11

7 **Be patient therefore**, brethren, unto the coming of the Lord. Behold, the husbandman waiteth for the precious fruit of the earth, and hath long patience for it, until he receive the early and latter rain.

8 Be ye also patient; **stablish your hearts**: for the coming of the Lord draweth nigh.

9 Grudge not one against another, brethren, lest ye be condemned: behold, the judge standeth before the door.

10 Take, my brethren, the prophets, who have spoken in the name of the Lord, for **an example of suffering affliction, and of patience**.

11 Behold, we count them happy which endure. Ye have heard of the patience of Job, and have seen the end of the Lord; that the Lord is very pitiful, and of tender mercy.

The prophets and the brethren of the Lord left for us an example of suffering, affliction, and of patience. Why would you think that you should

be any different? Don't be deceived that the Lord wants to fill your pockets with cash. Don't believe that this is the age of the Christian to reign supreme on Earth. This life is about suffering. If you aren't suffering, then you must be doing something wrong. But also don't deceive yourself into believing that suffering for unrighteousness will count for you in the day of Judgement!!

II Cor 1:4-7

4 Who comforteth us in all our tribulation, (WHY) that we may be able to comfort them which are in any trouble, by the comfort wherewith we ourselves are comforted of God.

5 For as the sufferings of Christ abound in us, so our consolation also aboundeth by Christ.

6 And whether we be afflicted, it is for your consolation and salvation, which is effectual in the enduring of the same sufferings which we also suffer: or whether we be comforted, it is for your consolation and salvation.

7 And our hope of you is stedfast, knowing, that as ye are partakers of the sufferings, so shall ye be also of the consolation.

These verses have explained to us very clearly that we are comforted during tribulation, that we may comfort others in there time of trouble. That suffering of Christ abound in us. It did not say that the carnival rides of joy about in Christ, but that the sufferings abound in us, whether we be afflicted we are partakers of the sufferings, so that we shall be also of the consolation, which is eternal life in Christ Jesus our Lord.

Rom 8:16-18

16 The Spirit itself beareth witness with our spirit, that we are the children of God:

17 And if children, then heirs; heirs of God, and joint-heirs with Christ; **if so be that we suffer with him**, that we may be also glorified together.

18 For I reckon that the sufferings of this present time are not worthy to be compared with the glory which shall be revealed in us.

If we don't suffer with Him, or if we suffer without Him, then you will be cast into the Lake of Fire, where there will be weeping and gnashing of teeth, eternally, where the Worm dieth not!!

Gal 6:7-10

7 **Be not deceived; God is not mocked:** for whatsoever a man soweth, that shall he also reap.

8 For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting.

9 **And let us not be weary in well doing:** for in due season we shall reap, if we faint not.

10 As we have therefore opportunity, let us do good unto all men, especially unto them who are of the household of faith.

Heb 2:9-10

9 But we see Jesus, who was made a little lower than the angels **for the suffering of death**, crowned with glory and honour; that he by the grace of God should taste death for every man.

10 For it became him, for whom are all things, and by whom are all things, in bringing many sons unto glory, **to make the captain of their salvation perfect through sufferings.**

I Pet 4:12-13

12 Beloved, think it not strange concerning the fiery trial which is to try you, as though some strange thing happened unto you:

13 **But rejoice,** inasmuch as ye are partakers of Christ's sufferings; that, when his glory shall be revealed, ye may be glad also with exceeding joy.

Heb 6:8-15

8 But that which beareth thorns and briers is rejected, and is nigh unto cursing; whose end is to be burned.

9 But, beloved, we are persuaded better things of you, and things that accompany salvation, though we thus speak.

10 For God is not unrighteous to forget your work and labour of love, which ye have showed toward his name, in that ye have ministered to the saints, and do minister.

11 And we desire that every one of you do show the same diligence to the full assurance of hope unto the end:

12 That ye **be not slothful**, but followers of them who through faith and patience inherit the promises.

13 For when God made promise to Abraham, because he could swear by no greater, he sware by himself,

14 Saying, Surely blessing I will bless thee, and multiplying I will multiply thee.

15 And so, after he had patiently endured, he obtained the promise.

## Step 5. And Finally Perfection

Perfect: 1. entirely without any flaws, defects, or shortcomings 2. accurate, exact, or correct in every detail.

James 1:2-7

2 My brethren, count it all joy when ye fall into divers temptations;

3 **Knowing this**, that the trying of your faith worketh patience.

4 But let patience have her perfect work, **that ye may be perfect and entire**, wanting nothing.

5 If any of you lack wisdom, let him ask of God, that giveth to all men liberally, and upbraideth not; and it shall be given him.

6 But let him ask in faith, nothing wavering. For he that wavereth is like a wave of the sea driven with the wind and tossed.

7 For let not that man think that he shall receive any thing of the Lord.

Rom 5:1-5

5:1 Therefore being justified by faith, we have peace with God through our Lord Jesus Christ:

Justified: 1. To demonstrate or prove to be just, right, or valid 2. To declare free of blame; absolve.

2 By whom also we have access by faith into this grace wherein we stand, and rejoice in hope of the glory of God.

3 And not only so, but we glory in tribulations also: knowing that tribulation worketh patience;

4 And patience, experience; and experience, hope:

5 And hope maketh not ashamed; because the love of God is shed abroad in our hearts by the Holy Ghost which is given unto us.

So our Tribulations and suffering, bring forth patience and experience, and finally hope of the love of God.

II Cor 4:13-18; 5:1-7

13 We having the same spirit of faith, according as it is written, I believed, and therefore have I spoken; we also believe, and therefore speak;

14 Knowing that he which raised up the Lord Jesus shall raise up us also by Jesus, and shall present us with you.

15 For all things are for your sakes, that the abundant grace might through the thanksgiving of many redound to the glory of God.

16 For which cause we faint not; but though our outward man perish, yet the inward man is renewed day by day.

17 For our **light affliction**, which is but for a moment, worketh for us a far more exceeding and eternal weight of glory;

18 While we look not at the things which are seen, but at the things which are not seen: for the things which are seen are temporal; but the things which are not seen are eternal.

5:1 For we know that if our earthly house of this tabernacle were dissolved, we have a building of God, an house not made with hands, eternal in the heavens.

2 For in this we groan, **earnestly desiring to be clothed upon with our house which is from heaven**:

3 If so be that being clothed we shall not be found naked.

4 For we that are in this tabernacle do groan, being burdened: not for that we would be unclothed, but clothed upon, that mortality might be swallowed up of life.

5 Now he that hath wrought us for the selfsame thing is God, who also hath given unto us the earnest of the Spirit.

6 **Therefore** we are always confident, **knowing that**, whilst we are at home in the body, we are absent from the Lord:

7 (**For we walk by faith, not by sight**:)

So Apostle Paul has told us that they walk by faith, and all that he has suffered is but a light affliction. Listen to what all Apostle Paul went through in his life.

II Cor 11:23-28

23 Are they ministers of Christ? (I speak as a fool) I am more; in labours more abundant, in stripes above measure (beatings), in prisons more frequent, in deaths oft.

24 Of the Jews five times received I forty stripes save one.

Paul has just told us that he was beat five separate times, thirty-nine times each, suffered in labours, and was put in prison often. He continues saying

25 Thrice was I beaten with rods, once was I stoned, thrice I suffered shipwreck, a night and a day I have been in the deep;

26 In journeyings often, in perils of waters, in perils of robbers, in perils by mine own countrymen, in perils by the heathen, in perils in the city, in perils in the wilderness, in perils in the sea, in perils among false brethren;

27 In weariness and painfulness, in watchings often, in hunger and thirst, in fastings often, in cold and nakedness.

28 Beside those things that are without, that which cometh upon me daily, the care of all the churches.

So I don't figure very many of us have every went through what Apostle Paul has considered a light affliction.

I Pet 5:10-11

10 But the God of all grace, who hath called us unto his eternal glory by Christ Jesus, **after that ye have suffered a while**, make you perfect, stablish, strengthen, settle you.

11 To **him be glory and dominion for ever and ever.** Amen.

So then, How does one increase their Faith? By Hearing the Word of God, Believing the Word of God, Applying the Word of God, Which brings forth Suffering, that finally makes us Perfect.